Blog - kimharms.net

Twitter - @kimkayeharms

Facebook - facebook.com/kimkharms

515-537-5365

[kimharms@rocketmail.com](mailto:kimharms@rocketmail.com)

804 Timberlane, Huxley Iowa 50124

**Speaking Topics**

**My Broken Body:**

***A Biblical View of Body Image When Your Body Fails You***

Our culture tells us that our physical body defines our value. Scripture even speaks to the beauty of the feminine form. The Creator of all things designed our bodies, so of course there is value in their design, but we also know that God’s focus is on the inside, not the outside. Harms uses her personal experience with mastectomy and breast reconstruction and her knowledge of the God who created her femininity, to give the listener a picture of a healthy Biblical view of body image

**The Pain Of Marriage:**

***Fighting to Remain One When Life Pulls Us Apart***

Harms shares her story of a heartbreaking misunderstanding she and her husband had during her breast reconstruction process and gives Biblical advice to help keep communication open and love strong during challenging times.

When we go through something extremely taxing like breast cancer, it’s easy to focus solely on our own needs. Hey, we are the key player in this game, right? But the reality is that our pain, regardless of its source, can also be very hard on the men who love us, and we need to learn to navigate through the struggle together.

# **Endorsements**

What I love about Kim’s writing is she is able to bring rich insights into the context of everyday life—all with a tone that is warm, personable, and inviting, connecting with readers almost as if they are her friends. Kim naturally integrates practical tips and creative ideas into her discussion of various topics, helping readers simultaneously go “deep” into the topic at hand while also providing them concrete ways to apply the ideas into their daily lives. Able to navigate both fun, light-hearted topics as well as serious or even painful subjects, Kim Harms is a versatile writer whose tone and approach resonate with female readers. **Kelli Trujillo**, Editor *CT Women and Special Projects, Christianity Today*

Concise. Touching. Impactful. These are all words that describe the work of Kim Harms. Her writing spans a wide spectrum bringing a deep and touching relationship between herself and her readers. - **Cindy Sproles**, author *Mercy's Rain,* Managing Editor *SonRise Devotionals and Straight Street Books*

**Kim Harms – *Life Reconstructed***

|  |  |  |
| --- | --- | --- |
|  |  |  |

# 

**Kim Harms** has a degree in English: Literary Studies with a journalism emphasis from Iowa State University. She has nearly two decades of experience in newspaper, magazine and devotional writing.

Harms is a contributor to *CT Women* and was previously a regular contributor to *Today’s Christian Woman*, under the umbrella of *Christianity Today*. She’s also written for *Guideposts*, *Wildfire* and *Chicken Soup for the Soul* among other publications.

A breast cancer/reconstruction survivor, Harms’ is represented by Credo Communications Literary Agent, Karen Neumair, who is in the process of finding a publisher for her first book, a work that speaks to the physical, emotional, spiritual and relational aspects of mastectomy and breast reconstruction.

